



MEDIROM
TRIATHLON
International Festival of Sports

Aquathon Course Map

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|---------------|-------------|------------------|--------------|
| AQUATHON RUN | TRANSITION | FULL SERVICE AID | REFRESHMENTS |
| AQUATHON SWIM | RESTROOMS | SELF SERVE AID | MEDALS |
| TURNAROUND | MEDICAL AID | GATORADE | |
| SWIM START | | | |



Run Turnaround
Aquathon Turn 5K

ALA MOANA REGIONAL PARK

Aquathon 750m

Finish