



Swim / Run Course Map

List
Sotheby's
INTERNATIONAL REALTY

- | | | | |
|-------------------|-------------|------------------|---------------|
| OLYMPIC RUN | SWIM START | FULL SERVICE AID | BIKE MECHANIC |
| SPRINT/JUNIOR RUN | TRANSITIONS | SELF SERVE AID | REFRESHMENTS |
| YOUTH RUN | RESTROOMS | GATORADE | MEDALS |
| TURNAROUND | MEDICAL AID | CHIP CHECK MAP | |



Run Turnaround
Sprint/Junior/Aquathlon

Run Turnaround
Youth

ALA MOANA REGIONAL PARK

10K Run

START

Bike
Out/In

START

T1/T2

Run Out
START

SWIM
OUT

Finish

- SELF SERVE
- RESTROOMS
- MEDICAL AID
- REFRESHMENTS
- GATORADE
- MEDALS